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FOOD SAFARI

Glorious Adventures through a World of Cuisines
MAEVE O'MEARA

'Welcome to the culinary United Nations...this book aims to take you by the hand and lead you through some of the most delicious and intriguing cuisines on earth. I hope you'll love the people you'll meet on these pages and explore the shops to buy key ingredients and cook and enjoy many of these recipes.' *Maeve O'Meara*

Food Safari: Glorious Adventures through a World of Cuisines takes you on a culinary adventure across the world, exploring ingredients and making the exotic familiar. The book brings together 34 diverse and fascinating cuisines, gives readers an insight into exciting cultures and offers simple foolproof recipes from passionate cooks that anyone can cook at home.

More than a cookbook, **Food Safari** is a journey into new worlds and a glimpse into the kitchens of some of the most enticing cuisines, with 180 delicious recipes, tried and tested by real local cooks. Dishes you'll want to make for friends - a spicy Brazilian seafood stew, Moroccan chicken tajine with olives and preserved lemons, Southern fried chicken, Egyptian dukkah, a light and creamy cheese soufflé from France, Croatian stuffed artichokes and classic English roast beef and Yorkshire pudding. And the desserts! Luscious black forest cake and many more...

This culinary globetrot with Maeve O'Meara comes to life through her first hand knowledge and personal friendships built during her own food safaris, resulting in the sharing of favourite recipes by chefs and home cooks who are from or live in these countries - from three hat chefs including world renowned Tetsuya Wakuda, to Australian chefs including Longrain's Martin Boetz, MoVida's Frank Camorra, Asian recipe goddess Charmaine Solomon, Italian legend Guy Grossi, plus many unsung heroes and heroines of the world's home kitchens.

This book truly opens your eyes and tastebuds and feeds any food lover's desire for insider knowledge into a world of cuisines! With stories and traditions scattered throughout, and helpful shopping and cooking tips for the home cook, **Food Safari** is an irresistible celebration of culinary culture.

For author information, book credits and tour dates please see overleaf

ABOUT THE AUTHOR



Maeve O'Meara's life revolves around food – tasting, talking, writing, cooking, filming and simply revelling in the vast array of produce available and its many amazing incarnations.

Maeve has spent most of her life seeking out great food, recipes, and the people who make simple ingredients sing.

An award-winning food and cooking author, journalist, broadcaster, television producer and presenter, she draws on years of hands-on research to create this brand new classic.

Maeve is the presenter and producer of the enormously popular series *Food Safari* made for SBS Television which screened in over 30 countries.

Maeve is based in Sydney and is available for interview.

Food Safari: Glorious Adventures Through a World of Cuisines

Maeve O'Meara

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To request a review copy or an interview with Maeve please contact Betsy Pie on betsypie@bigpond.com or 0411 886 386

Maeve will be conducting an author tour on publication.

Dates & cities on the tour include:

Sydney: October 28/29

Melbourne: October 30

Hobart: November 2

Perth: November 6